

Continuing Professional Development Log

NAME: **Hinemoa Taylor** REGISTRATION NUMBER: **228**
 CPD YEAR: **July 2018 – June 2019**
 EMPLOYER and ROLE: **DHB Mental Health Social Worker**

Skills and knowledge identified for ongoing development of social work practice	Learning and development activities	CPD hours	Critical reflection on learning and development of practice & relevance to the SWRB competencies	Competence Standard evidenced
1. Continue to develop Te Reo Māori and my understanding of the Treaty of Waitangi; develop further awareness and understanding of the context of wider issues affecting Māori on admission to hospital	1 hour weekly Te Reo Māori, Tikanga and Tiriti over 6 months June 2018 – December 2018	20	<p>The learning from the Te Reo Māori sessions has helped me grow in confidence in using te reo Māori, karakia and waiata.</p> <p>As I have become more confident in situations where tikanga Māori is followed both within the hospital setting and, in the community, I have developed stronger relationships within the Māori health team and I have been able to introduce waiata and karakia into our family/whānau meetings and have seen this impact on the comfort of the whānau before we engage in critical decision making.</p> <p>Learning my pepeha and then publicly introducing who I am and where we are from, was both a profound and at times frightening experience for me. I talked with my whanau about the many layers of my whakapapa, and this</p>	1

				<p>has enriched me, and this has opened connections that were not possible before.</p> <p>Competence 1:</p> <p>This learning helps to ensure that I maintain cultural integrity with tangata whenua both at a tangata whaiora and colleague level. In terms of competence to work with Māori, it sounds strange to say, given I am Māori, but I feel that I am making progress in my waka.</p>	
2.	<p>I recognise that in the hospital settings mental health social work is concerned with the interface between mental illness and broader health and welfare issues.</p> <p>I want to gain more knowledge on assessment frameworks to ensure that my approach to social work intensive mental health services is more effective at an inpatient and outpatient level.</p>	<p>National Assessment Framework for Mental Health - workshop</p> <p>Feb 22 & 23 2019</p>	16	<p>This conference enhanced my knowledge and ability to assist in creating appropriate practice frameworks for social work mental health services and I will be able to anticipate and prevent crises where possible.</p> <p>We had a brief session on critical micro-skills and I particularly enjoyed the focus on listening for cues and concerns of patients and their whānau. This is something that I have always done, but the training brought it to my awareness and I have a renewed understanding which has changed the way I listen. I have been very conscious of the brief cues and concerns that whānau often raise and we may not hear.</p> <p>I am now able to support other social workers in my team so that they have the skills to promote recovery and wellbeing in order that clients gain power and control over their lives. This helps me to ensure that social workers provide services at a competent level of professional practice by</p>	6,8 and 9

				<p>being up to date with relevant assessment frameworks.</p> <p>Competencies 6, 8 and 9</p> <p>Many mental health clients experience discrimination trauma, stigma and social injustice and the implementation of this framework assists in ensuring that clients remain at the centre of our social work practice so their rights remain paramount.</p> <p>Participation in this workshop reinforced for me the need for social workers to have a breadth of skills when working within the mental health sector so that their work remains ethical, professional, promotes rangatiratanga and is in line with the SWRB Code of Conduct and the ANZASW Code of Ethics.</p>	
3.	I identified the importance of getting feedback from colleagues and when appropriate clients to determine whether my intervention was effective.	<p>Evaluation in practice, with Dr Jane Joseph.</p> <p>March 22nd 2019</p>	6	<p>This was a great seminar that identified the main evaluation processes and tools available. I also learnt about the use of online research tools and the importance of linking evaluation with practise skill development.</p> <p>I was able to think about the dynamics that can occur when requesting feedback from tangata whaiora. This raised some critical issues for me about our professional power in the relationship with tangata whaiora. How can we seek genuine feedback about our practice when our work together has been conflicted or difficult? It's in</p>	5

				<p>those situations that I really need feedback so that I can develop my practice.</p> <p>Competency 5</p> <p>This enabled me to collaborate with others to generate new knowledge that will contribute to the improvement of peoples' lives, communities and wider society</p>	
4.	To "stay current" and maintain an openness to new theories, models and research in mental health	<p>Monthly Journal Club – Understanding the Health Practitioners Competency Act.</p> <p>May ongoing 2019</p> <p>1 hour</p>	1	<p>This has been a really informative series, that has not only increased my professional knowledge but also increased the trust and cohesiveness of our multidisciplinary team. The HPCA legislation helped me to reflect on our own Social Work Registration Act and I was able to talk to the team about our Act.</p> <p>I realised the importance for the public of knowing that registration brings a sense of accountability, confidence and trust. I was able to reflect on my own voyage towards becoming a registered social worker, its been a long one, but I carry my registration with pride. I was also able to reflect on the concept of mātātoa during our mahi and the importance of speaking out with courage as a professional social worker.</p> <p>Competence 9</p> <p>The journal club has enabled me to build my understanding of social work regulation alongside the regulation approaches of my colleagues. My experience of rangatiratanga, professional autonomy has been enhanced</p>	9

5.					
6					
7.					
8.					
Total hours of CPD			43	Please note that the minimum requirement is 20 hours CPD per calendar year.	



DECLARATIONS

Social Worker Declaration

I declare the information contained in my CPD Log to be true and correct.

Sign: Hinemoa Taylor

Date: 15 Jan 2020

Supervisor Declaration

I declare that the above-named social worker has completed the CPD in the last year as outlined.

Sign: Karen Aio

Registration Number: 3579

Name: Karen Aio

Date: 17 January 2020